



SOUTHERN AFRICAN ASSOCIATION FOR
COUNSELLING AND DEVELOPMENT
IN HIGHER EDUCATION

SAACDHE ANNUAL REPORT

2025

Message from the President: Dr Saloschini Pillay

As we reflect on the past year, we are reminded of the power of collaboration, dedication and commitment, that defines our Association. SAACDHE navigates a continuously transforming sector with direct impacts to services, structures and models at our respective institutions, notwithstanding this, the commitment of our members remains.

I am pleased to share with you, our membership, the achievements of the Association over the past year. For the current cycle, we have 196 members from 18 Institutions. We have not just welcomed the Botswana region back to the fold, but secured the interest of colleagues in Botswana with their active membership for the 2024/2025 cycle. I am pleased to report that we have a stable bank balance to facilitate the operations of the Association and supported by an unqualified audit.

SAACDHE hosted a successful annual conference in 2024, offering our membership an opportunity to explore the latest trends, challenges and opportunities in our space, and share knowledge, experience and best practices, to inspire and empower Counselling, Careers and Development services to continue making a meaningful impact in the sector. The conference theme, "Ride the Wave" was certainly a call to action, encouraging us to embrace the challenges and opportunities, that come with the ever-changing tides of our space, and at a time, when students are digitally native and expect technology to be integrated into their academic lives. By embracing technology, we are able to meet our students where they are, and provide accessible, convenient and effective support, whilst remaining adaptable, innovative, agile and student centered in our approach.

We have successfully engaged the process of reviewing the SAACDHE Strategic Framework and anticipate that the newly identified strategic objectives will better position SAACDHE in the sector and in so doing, enhance its visibility and brand as the key role-player representing counselling, careers and development services in the sector.

The energy and commitment displayed by our Regional Chairs to engaging their respective regions is remarkable, with exceptional regional CPD activities offered to strengthen the inter and intra-regional membership, whilst supporting professional development. It is such commitment from regions that has kept the SAACDHE Flag flying. SAACDHE's strength lies in its diversity of perspectives, experience and expertise and together we have made significant strides in promoting excellence in counselling, careers and development services.

I am indeed grateful for the team spirit and the good work offered by the EMC/GMC and our members at large, in supporting the review of the Association's vision and mission. As we look to the future, we remain committed to the core values of SAACDHE.





EMC PORTFOLIO REPORT: Mr Charl Davids: President-Elect

The President-Elect portfolio has been actively engaged in supporting the strategic and operational functions of SAACDHE. In this period, I have provided direct support to the President through delegated tasks, contributed to all EMC/GMC meetings, and assisted with administrative corrections to official documents. A key highlight was co-presenting at the NASPA webinar, strengthening international collaboration. Substantial progress has also been made in conference planning for 2025 and laying the groundwork for 2026. Although the Quality Enhancement portfolio is still in development, preparatory work such as document review has already commenced.

EMC PORTFOLIO REPORT: Ms Shameen Naidu: Finance Coordinator

- **MEMBERSHIP:** The notice and application process for membership commenced in October 2025 with the Webmaster circulating the membership application notice and link. For the current cycle, we have **200 members from 19 institutions** and generated an amount of **R116 794.00** in membership fees, *(including a late payment to the value of R3 226,25 received in August 2024 for the 2023-2024 cycle)*. A further **R3 470.00** was received after the close of the financial year for the 2024-2025 cycle.
- **REGIONAL SEED MONEY:** Seed money is issued on receipt of the composite regional strategic plan together with the regional bank statement. R15 000.00 was issued to the Gaunalanga region as seed money and conference loan for the 2025 conference planning – this was allocated within the deposit made to The Ranch, Polokwane, the venue for the 2025 conference. Seed money was also issued to the EC and Vaal North West regions upon receipt of their strategic plans.
- **CONFERENCE INCOME REIMBURSEMENT TO REGIONS: 2024 – KZN REGION:** The review of the 2024 KZN Region conference account was finalised in June 2025. The 10% return to the region is still to be paid.
- **RTD BUDGET ALLOCATION:** A percentage of the 2024 conference income was not allocated to the RTD budget as yet. The conference income was only paid into the national account in June and there is still discussion around the process of regions applying for additional funding for RTD purposes. R9 500,00 is allocated for publication costs from the 19 member institutions at R500.00 per institution. SAACDHE paid R7 367,40 for MINDCARE honorariums and training costs, leaving the RTD budget with a total of R21 011,43.



EMC PORTFOLIO REPORT: Ms Shameen Naidu: Finance Coordinator

Income and expense statement

DATE	DESCRIPTION	COMMENT	AMOUNT	BALANCE
01 August 2024		Opening Balance		832 531,65
05 August 2024	Membership Fees	Durban University of Tech 2023-2024	3 226,25	835 757,90
08 August 2024	Conference payment	Outstanding fee from 2021 Conference	2 520,00	838 277,90
12 August 2024	Conference payment	Outstanding fee from 2021 Conference	2 520,00	840 797,90
15 August 2024	Regional Seed Money	Gaunolanga	-2 000,00	838 797,90
15 August 2024	Conference payment	Outstanding from 2021 Conference	2 520,00	841 317,90
15 August 2024	Conference payment	Capricorn 2024 conference fees	25 000,00	866 317,90
15 August 2024	Bank Charges	90 Day statement	-22,50	866 295,40
15 August 2024	Bank Charges	180 Day statement	-45,00	866 250,40
30 August 2024	SAACDHE Anniversary	K Moonsamy - Cakes	-1800, 00	864 450,40
30 August 2024	SAACDHE Anniversary	Stanfield Creations – Anniversary gifts	-13 000,00	851 450,40
30 August 2024	Bank Charges	Pin reset	-12,00	851 438,40
31 August 2024	Bank Charges	Service Fee	-25,50	851 412,90
31 August 2024	Bank Charges	Monthly Management Fee	-85,00	851 327,90
04 September 2024	SAACDHE Anniversary	Stanfield Creations – Anniversary gifts	-9 701,00	841 626,90
04 September 2024	Conference payment	KZN 2024 Conference from Capricorn	-25 000,00	816 626,90
04 September 2024	Bank Charges	Pin reset	-12,00	816 614,90
04 September 2024	Bank Charges	90 Day statement	-22,50	816 592,40
06 September 2024	Conference fees	2024 Conference fees from MUT	5 000,00	821 592,40
13 September 2024	Conference payment	Outstanding from 2023 Conference	4 700,00	826 292,40
19 September 2024	Conference costs	Simply Signs—SAACDHE Banners	-8 728,50	817 563,90
19 September 2024	SAACDHE Anniversary	K Moonsamy - Cakes	-1 842, 00	815 721,90
19 September 2024	Bank Charges	180 Day statement	-45,00	815 676,90
26 September 2024	SAACDHE Anniversary	Anniversary decor	-3 265,00	812 411,90
26 September 2024	Webmaster fees	Leza Deyzel	-4 800,00	807 611,90
26 September 2024	Bank Charges	90 Day statement	-22,50	807 589,40
30 September 2024	Bank Charges	Service Fee	-51,00	807 538,40
30 September 2024	Bank Charges	Monthly Management Fee	-85,00	807 453,40
04 October 2024	CPD Costs	Mindcare Honorarium – RM Aerty	-4 000,00	803 453,40
21 October 2024	Bank Charges	90 Day statement	-22,50	803 430,90
24 October 2024	Bank Charges	180 Day statement	-45,00	803 385,90
24 October 2024	Bank Charges	Proof of banking	-6,00	803 379,90

31 October 2024	Membership Fees	UKZN – 2024-2025	3 395,00	806 774,90
31 October 2024	Bank Charges	Service Fee	-8,50	806 766.40
31 October 2024	Bank Charges	Monthly Management Fee	-85,00	806 681,40
06 November 2024	Bank Charges	NASPA Foreign exchange fee	-240,00	806 441,40
06 November 2024	Bank Charges	NASPA transfer fee	-122,00	806 319,40
06 November 2024	Membership Fees	NASPA membership fee	-2 847,23	803 472,17
14 November 2024	Audit costs	Kruger and Kie	-15 262.80	788 209.37
14 November 2024	Conference Award	2023 Conference award - A Craven	-1 000,00	787 209.37
14 November 2024	CPD Costs	CPD fee - UFS	-1 367,40	785 841.97
14 November 2024	CPD Costs	Mindcare Honorarium - D Gradidge	-1 000,00	784 841,97
14 November 2024	CPD Costs	Mindcare Honorarium - F Peters	-1 000,00	783 841,97
14 November 2024	Strategic Planning	Rudy Oosterwyk	4 557,88	779 284,09
14 November 2024	Bank Charges	90 Day statement	-22,50	779 261.59
15 November 2024	Membership Fees	CPUT – 2024-2025	6 725,00	785 986,59
18 November 2024	Travel	Reimbursement to S Pillay for reimbursing T. Msengana travel costs for Nov meeting	-8 088,81	777 897,78
20 November 2024	Travel	FlySAF Air – S Pillay – Nov meeting	-3 406,88	774 490,90
21 November 2024	Accommodation	SS-OR Tambo Nov Meeting	-44 242.70	730 248,20
29 November 2024	Subsistence	EMC- Nov meeting	-1 414.00	728 834,20
30 November 2024	Strategic Planning	Rudy Oosterwyk	-30 000,00	698 834,20
30 November 2024	Bank Charges	Service Fee	-80,60	698 753,60
30 November 2024	Bank Charges	Monthly Management Fee	-85,00	698 668.60
02 December 2024	Subsistence	Soaring Eagle	-1 880,00	696 778,60
13 December 2024	Travel	Reimburse O Makedama - Nov Meeting	-1 400,00	695 388,60
13 December 2024	Webmaster fees	Leza Deyzel	-7 857.00	687 531,60
13 December 2024	Travel	Reimburse S Naidu – Nov meeting	-303,40	687 228,20
13 December 2024	Travel	Reimburse T Msengana– Nov meeting	-6 426,00	677 968,20
13 December 2024	Strategic Planning	Rudy Oosterwyk	-30 444,00	647 524,20
13 December 2024	Travel	Reimburse E Sinclair – Nov meeting	-3 847,71	643 676,49
13 December 2024	Bank Charges	180 Day statement	-45,00	643 631,49
24 December 2024	Travel	Reimburse - S Pillay – Banking travel costs	-1 069,00	642 562,49
31 December 2024	Bank Charges	Service Fee	-72.20	642 490,29
31 December 2024	Bank Charges	Monthly Management Fee	-85,00	642 405,29
22 January 2025	Membership Fees	Wits CCDU – 2024-2025	7 820.00	650 225,29

27 January 2025	Bank Charges	90 Day statement	-25,50	650 199,79
31 January 2025	Bank Charges	Monthly Management Fee	-95,00	650 104,79
26 February 2025	Membership Fees	Wits OSS – 2024-2025	2 450,00	652 554,79
28 February 2025	Membership Fees	Uni of Limpopo – 2024-2025	5 360,00	657 914,79
28 February 2025	Strategic Planning	Rudy Oosterwyk	-15 500,00	642 414,79
28 February 2025	Bank Charges	Service Fee	-8,90	642 405,89
28 February 2025	Bank Charges	Monthly Management Fee	-95,00	642 310,89
04 March 2025	Membership Fees	University of Stellenbosch – 2024-2025	8 235,00	650 545,89
11 March 2025	Membership Fees	VUT 2024-2025	4 895,00	655 440,89
26 March 2025	Membership Fees	UFS-2024-2025	7 400,00	662 840,89
31 March 2025	Strategic Planning	Rudy Oosterwyk	-15 500,00	647 340,89
31 March 2025	Bank Charges	Service Fee	-8,90	647 331,99
31 March 2025	Bank Charges	Monthly Management Fee	-95,00	647 236,99
22 April 2025	Webmaster fees	Leza Deyzel	-2 676,00	644 560,99
23 April 2025	Membership Fees	NWU-2024-2025	9 735,00	654 295,99
25 April 2025	Membership Fees	UNISA - 2024-2025	8 045,00	662 340,99
30 April 2025	Bank Charges	Service Fee	-8,90	662 332,09
30 April 2025	Bank Charges	Monthly Management Fee	-95,00	662 237,09
07 May 2025	Bank Charges	IASIS transfer fee	-122,00	662 115,09
07 May 2025	Bank Charges	IASIS Foreign exchange fee	-250,00	661 865,09
07 May 2025	Membership Fees	NASPA IASIS membership fee	-3 148,55	658 716,54
07 May 2025	Membership Fees	Rhodes University – 2024-2025	4 186,25	662 902,79
09 May 2025	Bank Charges	Fee-Foreign exchange	-301.74	662 601,05
19 May 2025	Membership Fees	DUT- 2024-2025	3 708,75	666 309,80
20 May 2025	Conference Costs	2025 Conference Venue Deposit-The Ranch	-31 870,00	634 439,80
20 May 2025	Bank Charges	Electronic transfer Fee	-217,43	634 222,37
29 May 2025	Membership Fees	TUT-2024-2025	4 775,00	638 997,37
30 May 2025	Membership Fees	UCT-2024-2025	4 895,00	643 892,37
31 May 2025	Bank Charges	Service Fee	-8,90	643 883,47
31 May 2025	Bank Charges	Monthly Management Fee	-95,00	643 788,47
05 June 2025	Membership Fees	NMU – 2024-2025	6 545,00	650 333,47
06 June 2025	Membership Fees	UWC – 2024-2025	7 170,00	657 503,47
11 June 2025	Membership Fees	Uni of Fort Hare – 2024-2025	2 227,75	659 731,22

20 June 2025	Accommodation	Southern Sun ORT	-39 979,05	619 752,17
20 June 2025	Bank Charges	180 Day statement	-51,00	619 701,17
25 June 2025	Travel	FlySAF Air – S Pillay - June meeting	-1 938,64	617 762,53
27 June 2025	Subsistence	EMC/GMC June meeting – Ocean Basket	-1 441,00	616 321,53
28 June 2025	Travel	FlySAF Air – S Pillay - June meeting	-100,00	616 221,53
28 June 2025	Subsistence	EMC/GMC June meeting – Nando's	-751,00	615 470,53
30 June 2025	Bank Charges	Service Fee	-27,70	615 442,83
30 June 2025	Bank Charges	Monthly Management Fee	-95,00	615 347,83
01 July 2025	Subsistence	EMC – June meeting	- 300,00	615 047,83
01 July 2025	Accommodation	Site visit-Protea Hotel	-3 820,00	611 227,83
04 July 2025	Travel	Reimburse O Makedama - June Meeting	-2 681,40	608 546,43
04 July 2025	Seed Funding	Eastern Cape Region- 2024-2025	-2 000,00	606 546,43
04 July 2025	Webmaster fees	Leza Deyzel	-4 957,00	601 589,43
04 July 2025	Seed Funding	Vaal North West Region- 2024-2025	-2 000,00	599 589,43
04 July 2025	Travel	Reimburse C Davids – June meeting & site visit	-10 383,38	589 206,05
04 July 2025	Bank Charges	180 Day statement	-51,00	589 155,05
10 July 2025	Travel	Reimburse T Msengana– June meeting	-6 712,64	582 442,41
11 July 2025	Travel	Reimburse A Craven – June meeting	-369,00	582 073,41
11 July 2025	Bank Charges	180 Day statement	-51,00	582 022,41
16 July 2025	Membership Fees	Inward Teletransmission- UB 2024-2025	5 360,00	587 382,41
17 July 2025	Accommodation	Southern Sun – June accommodation refund	7 695,00	595 077,41
17 July 2025	Accommodation	Southern Sun – Nov accommodation refund	3 191,40	598 268,81
25 July 2025	Travel	Reimburse SA Pietersen – June meeting	-4 613,64	593 655,17
25 July 2025	Conference Costs	2024 EMC Conference Awards	-5 335,00	588 320,17
25 July 2025	Bank Charges	Proof of banking	-8,50	588 311,67
25 July 2025	Bank Charges	180 Day statement	-51,00	588 260,67
26 July 2025	Membership Fees	WSU 2024-2025	7 170,00	595 430,67
29 July 2025	Conference Income	2024 KZN Conference income	219 969,82	815 400,49
31 July 2024	Bank Charges	Service Fee	-89,50	815 310,99
31 July 2023	Bank Charges	Monthly Management Fee	-95,00	815 215,99

EMC PORTFOLIO
 REPORT: Ms Shameen
 Naidu: Finance
 Coordinator:
 Projected budget 2025-
 2026

DESCRIPTION	PROJECTED 2024-2025	ACTUAL 2024-2025	PROJECTED 2025-2026
INCOME			
Membership Fees: 18 Institutions and 196 members	R95 000,00	R113 324,00 (R110 097,75 – payments for the current cycle. R3 226,25 – late payments for 2023-2024)	R100 000
2024 Conference – KZN Region	R80 000,00	R167 822,84 (less loan, less 10% to region & less refund to UKZN)	
2025 Conference - Gaunolanga			R80 000,00
TOTAL: Membership Fees + Conference Income	R175 000,00	R281 146,84	R 180 000,00
INVESTMENT			
Stanlib Money Market Account	R567 653,77	R522 653,77	R555 400,00
Interest on Stanlib Money Market Account	R 45 000,00	R 44 931,25	R 45 500,00
TOTAL INCOME and INVESTMENT	R612 828,00	R848 731,86	R 780 900,00
EXPENSES: MEETINGS			
EMC/GMC – November/December Meeting & Strategic Planning			
Transport and Shuttles	R65 000,00	R23 472,80	R30 000,00
Accommodation and Meals	R55 000,00	R47 536,70	R35 000,00
Total 1	R120 000,00	R 71 009,50	R 65 000,00
EMC/GMC April Meeting (held online)			
Transport and Shuttles	R35 000,00	0,00	R30 000,00
Accommodation and Meals	R25 000,00	0,00	R35 000,00
Total 2	R60 000,00	0,00	R65 000,00
EMC/GMC June Meeting & Site visit			
Transport and Shuttles	R30 000,00	R26 798,70	R30 000,00
Accommodation and Meals	R20 000,00	R46 291,05	R35 000,00
Total 3	R50 000,00	R 73 089,75	R70 000,00
EMC Strategic Planning			
Facilitator cost	R 100 000,00	R 96 001,88	R4 000,00
Total 4	R 100 000,00	R 96 001,88	
Accommodation Refunds		-R10 886,40 (Credit)	
TOTAL: Meeting Costs	R 330 000,00	R229 214,23	R204 000,00
EXPENSES: OPERATIONS			
Accounting Fees	R12 000,00	R 15 262,80	R 17 500,00
Bank charges	R 2 500,00	R 3 190,37	R 3 500,00
Branding	R 35 000,00 (including anniversary branding)	R 29 608,00	R 15 000,00
Conference 10% profit paid back to Region/s (WC – if receive bank account details & KZN)	R18,820 (for regions reimbursement)	R 0,00	R30 661,67 [2 regions to pay- WC, KZN & Gaunolanga]
Conference awards (trophies & certificate)	R 5 000,00	R 6 335,00	R 6 000,00
Conference Rewards [Journal Publications]	R 2 000,00	R 0,00	R 2 000,00
Conference: Seed Money	R 8 000,00	R 8 000,00	R 8 000,00
Conference: Start-up Loan	R 7 000,00	R 7 000,00	R 7 000,00
Honorary/Distinguished service Awards	R 3 000,00	R 0,00	R 1 500,00
Honorary Awardees Travel and Accom	R 5 000,00	R 0,00	R 5 000,00
Seed Money: Regional	R 14 000,00	R 4 000,00	R 14 000,00
Strategic Planning facilitator	R100 000,00	R96 001,88	R 0,00
EMC Regional Roadshow	R 15 000,00	R0,00	R 15 000,00
CPD application	R 3 000,00	R1 367,40	R 4 000,00
SAFSAS Affiliation	R 5 000,00	R 0,00	R 5 000,00
IASIS Affiliation	R 2 000,00	R3 148,55	R 4 000,00
NASPA Affiliation	R 2 000,00	R2 847,23	R 3 500,00
Webmaster and website site maintenance & upgrading	R 17 000,00	R 12 433,00	R 20 000,00
TOTAL: Operational Costs	R256 320,00	R189 194,23	R161 661,67
TOTAL EXPENSES: MEETINGS AND OPERATIONAL COSTS	R586 320,00	R418 408,46	R365 661,67

EMC PORTFOLIO: Ms Shameen Naidu: Finance Coordinator

KEY CONCERNS:

1. Institutional finance processes often require considerable admin that can take between four to six weeks with different institutions requiring various levels of responses, certificates and new forms to be completed. It would help considerably if HOD's can clarify timeously what information is needed for vendor / sundry supplier forms require. This will assist in making this a smoother process by sharing all the information needed upfront.
 - a. This will also benefit the conference organizing committee, as the same process is required for establishing the conference account as a vendor/supplier.
 - b. Similar again for regional accounts to become vendors for possible CPD, or other activities, that may need to be paid to regions
2. Some member institutions have requested a SARS tax certificate in order to pay fees. The application has been processed via the auditors, and this has been a frustratingly slow, back and forth process, which unfortunately will only be finalized by mid-November this year.
3. Many institutions are unfortunately paying into whichever account is found on their systems. Payments are not being made by following the account details specified on invoices. POPs are also not being sent or sent with the wrong bank account. Another unnecessary and timeous admin process to follow up on bank statement credits, especially as many do not use the reference numbers provided either.
 - a. It would help if members followed up on their payment claims and ensure that the correct account and reference numbers (which include their institutions initial) are being used and then submit POPs timeously. The POP needs to reflect SAACDHE's national bank account number.
 - b. It would also help if member institutions register their institution and membership list by the end of September or October each year. The SAACDHE year cycle is from August to July. In this way then, membership fees can be paid early enough for members to benefit from the CPD events, adverts being shared, as well as the other benefits of SAACDHE membership. It will certainly alleviate the rush of members wanting to pay in July to attend the conference in September as members.
 - i. It is important to note that member institutions wanting adverts or notices to go out will require paid-up membership.
 - c. A payment requisition or a purchase order made out to the correct SAACDHE bank account is accepted until a POP is received.
 - d. If for some reason this still happens, transfers made into the wrong accounts will need signed letters by HOD's acknowledging the incorrect account credit and requesting a transfer to the correct account. This transfer will be less the transfer costs.
 - e. It is important to note that there are three SAACDHE bank accounts: National for membership fees, Conference for conference fees and conference seed money and loan, and then the Regional account for any regional payments (like for CPD payments). Regional seed funding and conference income profit are also paid into this regional account.
 - i. The 2025 conference account will be kept going forward, with a name change and change of signatories.
 - ii. There has still not been a handover, or finalization, of the WC region bank account. 10% of their 2023 conference income is still to be paid once this is finalized

HIGHLIGHT:

1. With time and effort unpaid conference registration fees from 2021 have been recouped. This has now mostly been paid off in the last two cycles from 2023 – 2025, with the last payment made last month. There is only one unpaid from the 2023 conference, and a few from the 2021 conference. It is assumed that these people are no longer members of SAACDHE. As a reminder, the decision last year was no unpaid delegate will be allowed to attend conferences.

EMC PORTFOLIO REPORT: Ms Thobeka Msengana: Administrative Coordinator

The role of Administrative Coordinator has proven both demanding and fulfilling. Despite the challenges of balancing institutional responsibilities with the administrative duties of SAACDHE, all critical tasks have been executed effectively. Collaboration with the EMC has been highly rewarding, particularly in ensuring the successful conclusion of the strategic review process.

I am eager to see how the newly adopted strategy will guide and influence the growth and direction of SAACDHE.



EMC PORTFOLIO REPORT: Ms Ané Craven: PRCMC

The past year has overwhelmingly been focused on the continued refinement and development of updated founding documents, as well as the new SAACDHE strategic plan. It has been a wonderful experience to see the association grow, evolve and align over the past three years. In my role in particular, developments like the newly available membership card, the new SAACDHE website and the revival of the SAACDHE newsletter and sharing the work that our regions is doing in general, are highlights that I will carry from this experience.

FAREWELL MESSAGE:

I would like to thank the SAACDHE membership, GMC and EMC for the opportunity to have served in the role of PRCMC for the past three years. May the association continue to grow from strength to strength!





EMC PORTFOLIO REPORT: Dr Henry Mason: Research and Publication & Training and Development Coordinator

Research Training and Development Activities

- A series of online webinars related to research was presented between October 2024 and November 2024. These sessions were well attended and covered both foundational and advanced themes in research practice.

- **Highlights include:**

- *Crafting Compelling Proposals* (Dr Henry Mason, TUT, 20 September 2024)
- *Elevating Your Voice: Writing for Publication* (Prof Ruth Albertyn, US, 27 September 2024)
- *Ethical Foundations for Impactful Research* (Dr Dalray Gradidge, NMU, 4 October 2024)
- *Navigating the Literature Landscape* (Dr Henry Mason & Ms Ane Craven, TUT, 25 October 2024)
- *Methodological Mastery: Qualitative Research* (Dr Fatima Peters, UV & Dr Henry Mason, TUT, 1 November 2024)
- *Exploring Gender Dynamics: Addressing Violence, Embracing LGBTQ+ Inclusivity, and Reimagining Masculinity* (M. Mogoroga, E. Mashaba, S. Pillay & Dr S. Jansen, 18 October 2024).

This programme not only addressed key research skills but also engaged with socially relevant themes, positioning SAACDHE as a thought leader in higher education research training.

EMC PORTFOLIO REPORT: Dr Henry Mason: Research and Publication & Training and Development Coordinator

Research and the Journal for Counselling and Development in Higher Education Southern Africa (JCDHESA)

- During the reporting period, significant progress was achieved in preparing the fourth edition of the JCDHESA. Four full articles and one opinion piece were received, reviewed, and advanced towards publication:
- *•Why psychology? An investigation into the career motivations of male psychologists practising in Johannesburg* (M. Coovadia, S. Ledwaba, A. Houndalas & P. Naidoo)•*Navigating Ethical Waters: The Responsibility of Higher Education in Implementing AI Mental Health Solutions* (Dr F. Khan & Mr N. Kayser)•*Socially constructed norms are a contributing factor to male students' help-seeking behaviours (Opinion Piece)* (M. Moagi)•*Assessing Mental Health Literacy: A Strategy for Debunking Myths and Unlocking Minds* (K. Greener & S. Pillay)
- Final approval of the papers is scheduled for October 2025, after which compilation, printing, and distribution of the journal will be finalised. Outstanding matters include ensuring wide distribution of the journal, particularly to key stakeholders such as USAf, PsySSA, and SAASSAP.

Conference Proceedings and Dissemination

- The publication and dissemination of annual conference proceedings remains an area for development. Following the 2025 conference, it is recommended that the SAACDHE website be updated to host the conference programme, presentations, and researcher contact details. Additionally, targeted training or webinars should be offered to presenters to support them in preparing their work for formal publication.

EMC PORTFOLIO REPORT: Dr Henry Mason: Research and Publication & Training and Development Coordinator

Conclusion

- The period under review reflects steady progress in advancing SAACDHE's research and publication agenda, particularly through the preparation of the fourth edition of the *Journal for Counselling and Development in Higher Education Southern Africa* and the successful delivery of a well-rounded series of research-related training webinars.
- Nonetheless, challenges remain in sustaining consistent participation in EMC activities, initiating the national research project, and formalising the publication of conference proceedings. Addressing these areas will require collective effort, dedicated resources, and enhanced coordination across the association's structures.
- Looking ahead, the priority will be to finalise and distribute the JCDHESA 2025 edition, expand the reach of research training initiatives, and establish clear mechanisms for publishing conference outputs. With these steps, SAACDHE can continue to strengthen its role as a leading force in shaping research, counselling, and student development practices across the higher education sector.

REGIONAL REPORT: EASTERN CAPE

- REGIONAL HIGHLIGHTS:
- Hosted 2 virtual regional meetings
- Hosted a regional conference on 14 and 15 July 2025

- UPCOMING:
- The region is hosting the 2027 conference and has started planning in this regard!



REGIONAL REPORT: FREE STATE

REGIONAL HIGHLIGHTS:

- As only UFS was a member of SAACDHE until about a month ago, regional activities were just normal activities within the Department of Student Counselling and Development at the UFS.
- With continuous liaising, building partnerships and motivating institutions, CUT and SPU recently became members of SAACDHE.
- IMAGE - The SCD team of all three campuses attended a two-day training on Couples Counselling earlier this year. Staff expressed positive feedback about the training.





45th Annual Conference

15-17 September 2025

REGIONAL REPORT: GAUNOLANGA



- **REGIONAL HIGHLIGHTS:**

- Conference planning
- 4 CPD workshops hosted by UNISA

- **Achievements celebrated:**

- Dr Pitsoane: UNISA woman of the year under the category of Transformative leadership.
- Ms Kgomotso Nyamakazi: obtained her degree Physiology and Counselling.
- Daniel Ramollo: obtained his PhD.



REGIONAL REPORT: KZN

- **REGIONAL HIGHLIGHTS:**

- Successfully hosted the 2024 SAACDHE conference and generated an income of R219 000, attended by 124 SAACDHE members
- Hosted 3 regional CPD events
- Supported/attended various other CPD events in the region/hosted by SAACDHE
- Submitted two articles for peer review
- Prepared and shared the 2024 conference report

REGIONAL REPORT: VAAL NORTH-WEST



SAACDHE Vaal-North West Region is
excited to announce our

2025 In-house CPD sessions

“The adolescent brain and learning:
Current neuroscience research”

4 General
CPD's
R350*

18 June 2025

09:30 - 15:00

MS Teams

*SAACDHE member fee R250
For more information, contact saacdhevnw@gmail.com



- Regional highlights:
 - Hosted 2 regional meetings
 - Hosted seven CPD events
 - Actively shared news, updates and events with membership

REGIONAL REPORT: WESTERN CAPE

REGIONAL HIGHLIGHTS:

- Hosted 4 regional meetings
- Two submissions made to JCDHESA
- Two journal publications made
- This was a year targeting a more connected and informed community dedicated to advancing higher education initiatives.



CONCLUDING REMARKS

President's farewell message:

“As I transition out of my role as President, I place on record my honour and privilege for being entrusted to preside over a 46-year-old Association, with a significant task of reshaping its strategic priorities and leading the path to a more relevant, responsive and engaged Association. I wish the incoming national executive, the general management committee and our members at large, every success in all of its endeavors.”

